

VALERIE T. RELACION, M.D., PC
ADULT, CHILD, AND ADOLESCENT
PSYCHIATRIST

Patient Payment Policies

We appreciate the opportunity to provide you with our healthcare services. Below are the payment policies for services provided by Dr. Valerie Relacion. Please review and understand these policies before receiving care.

Professional Fees:

- Initial Adult Evaluation (75 minutes): \$625
- Initial Adult Evaluation With Parents Present (90 minutes): \$750
- Initial Child and Adolescent Evaluation (90 minutes): \$750
- Follow-Up appointments (25-30 minutes): \$250
- Follow-Up appointments (45 minutes): \$375
- Follow-Up appointments (10-15 minutes): \$200

***Additional services beyond your scheduled appointments may incur charges.**

Examples of additional services for which charges may apply include:

- Phone calls or voicemails discussing your care
- Drafting letters or forms on your behalf
- Coordination of care with other healthcare providers
- Prescription refills requested outside of your scheduled appointment
- Other tasks that require professional time and attention

Appointment Duration:

Appointment times are carefully allocated to ensure that Dr. Valerie Relacion can provide comprehensive care. This includes patient/parent interviews, treatment plan discussions, medication changes, documentation of the session, and electronic prescription submissions.

*Please be aware that the second appointment may still require a longer duration of 45-60 minutes. This is to ensure that we have ample time to address your needs thoroughly.

Payment Terms:

Payment is due at the time of service. Charges are subject to change.

Billing and Statements:

After each visit, you will receive an itemized billing statement detailing the services provided and corresponding charges. This statement can be used for insurance claims, reimbursement, or tax purposes. **See Page #2 for an important notice regarding insurance coverage.**

Thank you for considering Dr. Valerie Relacion for your healthcare needs. We look forward to the opportunity to provide you with exceptional care and support.

P: (301) 396-7698 | F: (301) 238-7920
11810 Grand Park Ave, Suite 500
North Bethesda, MD 20852



info@drvrelacion.com
WWW.DRVRELACION.COM

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Important Notice Regarding Insurance Coverage

We appreciate your interest in seeking healthcare services from Dr. Valerie Relacion. We want to inform you that Dr. Relacion does not participate with insurance companies as an in-network provider. This means that she does not have a direct contractual agreement with any insurance company to accept their rates for services.

While Dr. Relacion does not participate with insurance companies, this decision allows her to provide personalized and comprehensive care tailored to your individual needs, without the limitations often imposed by insurance policies. You have the freedom to make decisions about your healthcare that align with your best interests and goals.

Please note the following considerations:

- **Out-of-Network Provider:** As an out-of-network provider, you have the option to receive services from Dr. Relacion, but it is important to understand that insurance coverage and benefits may differ. You may be responsible for a larger portion of the fees compared to seeing an in-network provider.
- **Reimbursement:** Depending on your insurance plan, you may have the option to seek reimbursement for services rendered by submitting claims directly to your insurance company. It is recommended that you contact your insurance provider to inquire about reimbursement rates and procedures.
- **Transparency:** Dr. Relacion is committed to transparent communication regarding fees and payment. You will be provided with an itemized billing statement for each visit, which can be used for insurance claims, reimbursement, or tax purposes.
- **Choice and Quality:** Choosing Dr. Valerie Relacion as your healthcare provider allows you to receive dedicated and individualized care, free from restrictions imposed by insurance companies. This approach ensures that your treatment is centered around your unique needs and priorities.

We encourage you to carefully review your insurance coverage and consider your options when making healthcare decisions. If you have any questions or would like more information about our services and payment policies, please do not hesitate to contact us.

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